

MON

TUE

WED

THU

FRI

w/c 21/04/2025, 12/05/2025,  
09/06/2025, 30/06/2025,  
21/07/2025, 15/09/2025,  
06/10/2025

WEEK 1

CHOOSE FROM

Mac ‘N’ Cheese (V)

Jacket Potato with Beans(VE), Cheese (V) or Tuna Mayo

Crispy Chicken in a Bun with Potato Wedges (H)

SIDES

Salad Bar  
Broccoli

DESSERTS

Strawberry & Vanilla Mousse (V)

CHOOSE FROM

Oven Baked Cutlet with Herby Diced Potatoes (VE) FDA

Cheesy Tomato Pasta (V)

BBQ Chicken with Herby Diced Potatoes (H) FDA

SIDES

Salad Bar  
Green Beans & Cauliflower

DESSERTS

Fruit Jelly (VE)

CHOOSE FROM

Sausage Roll with Potato Wedges (VE)

Freshly Baked Baguette with a Choice of Filling and Mixed Salad

Lamb filled Naan with Mint Mayo, Salad & 50/50 Rice

SIDES

Salad Bar  
Peas

DESSERTS

Zesty Sponge (V)

CHOOSE FROM

Mince & Bel-Pepper Empanada with Potato Dippers (VE)

Jacket Potato with Beans(VE), Cheese(V) or Beans & Cheese (V)

Margherita Pizza with Potato Dippers (V)

SIDES

Salad Bar  
Broccoli & Carrots

DESSERTS

Iced Fruit Smoothie (VE)

CHOOSE FROM

Quorn Sausages with Oven baked Chips (VE)

Cheesy Tomato Pasta (V)

Breaded Fish Fingers with Oven Baked Chips

SIDES

Salad Bar  
Peas & Sweetcorn

DESSERTS

Pineapple & Mango Muffin (V)

w/c 28/04/2025, 19/05/2025,  
16/06/2025, 07/07/2025,  
01/09/2025, 22/09/2025, 13/10/25

WEEK 2

CHOOSE FROM

Golden Dippers with Potato Wedges (VE)

Cheesy Tomato Pasta (V)

Potato & Cheese Puff with Wedges (V)

SIDES

Salad Bar  
Broccoli

DESSERTS

Vanilla Ice Cream (V)

CHOOSE FROM

Meatballs in a Rustic Tomato Sauce with 50/50 Rice (VE) FDA

Freshly Baked Baguette with a Choice of Filling and Mixed Salad

Sticky Chicken with 50/50 Rice (H) FDA

SIDES

Salad Bar  
Carrots & Green Beans

DESSERTS

Fruit Jelly (VE)

CHOOSE FROM

Sausage Roll with Potato Dippers (VE)

Jacket Potato with Beans(VE), Cheese(V) or Tuna Mayo

Spaghetti Bolognaise

SIDES

Salad Bar  
Peas & Sweetcorn

DESSERTS

Red Velvet Cake (V)

CHOOSE FROM

Vegetable Biryani (VE)

Freshly Baked Baguette with a Choice of Filling and Mixed Salad

British Pork Sausage with Mash & Gravy

SIDES

Salad Bar  
Broccoli & Cauliflower

DESSERTS

Iced Fruit Smoothie (VE)

CHOOSE FROM

Loaded Chips topped with Vegetable Keralan Curry (VE)

Hot Cheesy Wrap Stack with Oven Baked Chips (V)

Breaded Fish Fingers with Oven Baked Chips

SIDES

Salad Bar  
Peas

DESSERTS

Orange Drizzle Cake (V)

w/c 05/05/2025, 02/06/2025,  
23/06/2025, 14/07/2025,  
08/09/2025, 29/09/2025,  
20/10/25.

WEEK 3

CHOOSE FROM

Burger in a Bun with Wedges (VE)

Salmon Tortelloni in a Tomato Sauce

Beef Burger in a Bun with Wedges

SIDES

Salad Bar  
Sweetcorn & Peas

DESSERTS

Lemon Cookie (VE)

CHOOSE FROM

Mince & Onion Puff with Roast Potatoes (VE)

Cheesy Tomato Pasta (V)

Roasted Lemon & Herb Chicken with Roast Potatoes (H)

SIDES

Salad Bar  
Carrots & Cauliflower

DESSERTS

Fruit Jelly (VE)

CHOOSE FROM

Tomato and Pesto Pasta (VE) FDA

Freshly Baked Baguette with a Choice of Filling and Mixed Salad

Keralan Chicken Curry with 50/50 Rice (H) FDA

SIDES

Salad Bar  
Broccoli

DESSERTS

Iced Fruit Smoothie (VE)

CHOOSE FROM

Crispy Vegetable Fingers with Potato Dippers (VE)

Jacket Potato with Beans(VE), Cheese(V) or Beans & Cheese (V)

Margherita Pizza with Potato Dippers (V)

SIDES

Salad Bar  
Peas

DESSERTS

Baked Waffle (V)

CHOOSE FROM

Mexican Style Burrito with Oven Baked Chips (VE)

Freshly Baked Baguette with a Choice of Filling and Mixed Salad

Breaded Fish Fingers with Oven Baked Chips

SIDES

Salad Bar  
Baked Beans

DESSERTS

Vanilla Sponge with Custard (V)

Key:  
(V) Suitable for Vegetarian  
(VE) Suitable for Vegans  
(H) Suitable for Halal

FDA Free from the 14  
declarable allergens

Baguette Fillings:  
Ham, Cheese (V) or Tuna Mayo

Dessert:  
Fruit, cheese and crackers  
available daily



Scan QR code  
for nutritional  
information

MAYOR'S MEALS  
FREE School Meals for all Key  
Stage 1 and Key Stage 2 pupils

schoolcatering@havering.gov.uk



X @delish\_byHES  
@hescatering.org.uk (Bluesky)

