

PSHE NEWSLETTER

Autumn Term 2024



Reception have been learning about teamwork!



Year 1 have been learning how to name feelings and how to manage their emotions!



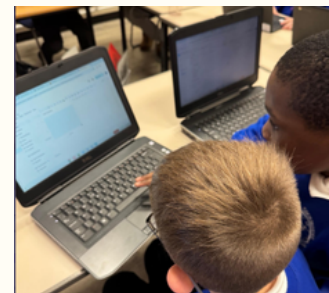
Year 2 have explored what it means to be a good friend!



Year 3 have been thinking about what their aspirations and jobs they could do in the future!



Year 4 spent their half term learning how to be sensible spenders and savers.



Year 5 have been getting into the community spirit and learning about discrimination and prejudice.



Year 6 have been focusing on different types of pressure and how they can manage it.



What have the children told us about their learning in PSHE?

We like to learn inside and outside the classroom!

Learning how to be a good friend will help me be a good sportsman!

PSHE has showed me lots of jobs that I didn't know existed!

I like learning about money so I know how to use it sensibly when I am older.

We designed community centres so everyone would have a space to feel welcomed.

PSHE in Year 6 is getting us ready for Secondary School. It teaches us how to be safe and happy.




Here is a snapshot of PSHE across the school this term...





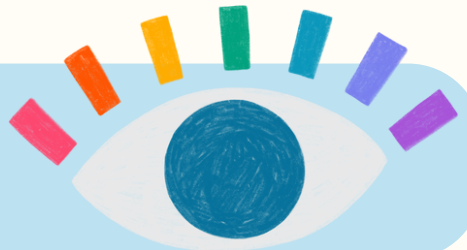
WHY IS PSHE IMPORTANT?

Here are 5 reasons why PSHE is so important!




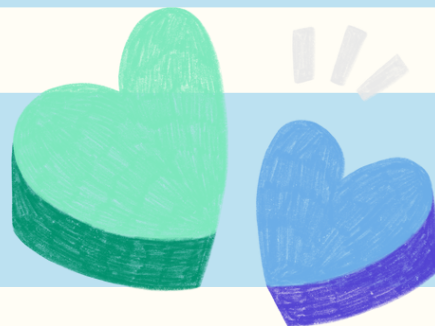
PSHE supports Academic Success: By addressing emotional and social challenges, PSHE creates a foundation for better focus and learning across all subjects.

PSHE builds Social Skills: It encourages effective communication, teamwork, and respectful relationships.



PSHE encourages Citizenship: PSHE teaches responsibility, diversity, and understanding of their role in the community and wider world.

PSHE develops Emotional Well-being: by helping children to recognise and manage emotions, fostering resilience and mental health.



PSHE promotes Health and Safety by learning about healthy lifestyles, personal hygiene, and staying safe in various situations.

