

Physical Education and Sport!
Class of 2023



This year, a lot has changed
and we have a lot to
celebrate!

Myself and Miss Macdonald
have loved seeing PE and
Sport at Clockhouse Primary
School thrive this year and
we hope you enjoy the
evening we have planned for
you.



CLUBS AT CLOCKHOUSE

- Girls football
- Boys football
- Netball
- Athletics
- Multisport
- Dance
- Gymnastics
- Dodgeball
- Cricket
- Yoga
- Handball

**THANK YOU TO ALL THE STAFF, PARENTS, OUTSIDE COACHES, AND THE
VOLOUNTEERS WHO GIVE UP THEIR TIME TO BE A PART OF SPORT AT
CLOCKHOUSE PRIMARY SCHOOL!!! WE COULDN'T DO IT WITHOUT YOU!!!!**



Australia PE Ambassadors

Now, we are going to hear from our PE ambassadors from Australia. Please welcome: Marco, Henri, Jess, Ellas, Aayan and Keziah.



Achievement and Effort Awards - EYFS

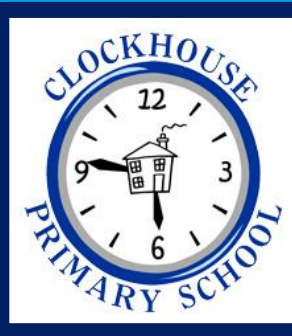
Nursery

Award for effort in PE: Erynn

Erynn always tries her best in PE and takes each new skill in her stride. She is always enthusiastic and works hard in every lesson.

Award for achievement in PE: Mattias

Mattias always excels in his PE lessons and works hard to perfect newly taught skills.



Achievement and Effort Awards - EYFS

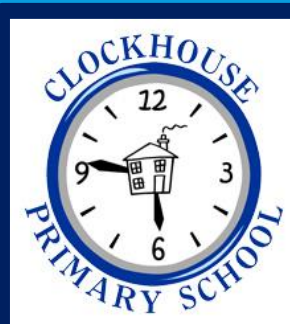
Reception: Northern Ireland

Award for effort in PE: Grayson.

Grayson always tries hard in our P.E lessons which has enabled him to make good progress throughout the year. He has tried hard to listen to instructions and despite finding some tasks challenging he has never given up.

Award for achievement in PE: Nyla

Nyla has become more independent during our PE lessons. She always listens carefully so that she can develop her skills further. She is able to demonstrate what she can do to others. She was able to perform some great dancing during our dance unit and is able to throw and catch a ball with good control.



Achievement and Effort Awards - EYFS

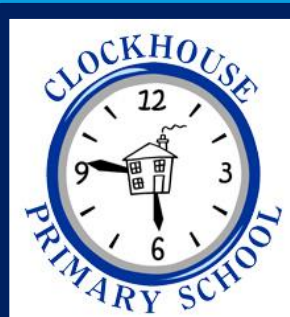
Reception: Wales

Award for effort in PE: Gibson

Gibson always works well as part of a team. He listens attentively to each instruction and is always willing to support his peers. He is always enthusiastic to try new sports and is a super role model to his classmates.

Award for achievement in PE: Luis

Luis is a super sportsman. He always tries his best to master new skills and will practise new skills during free flow in the Reception outside play area. He has a strong knowledge of many different sports and is keen to share this with others. He particularly enjoys competitive sports and will always be the person cheering on his fellow team mates.



Achievement and Effort Awards - EYFS

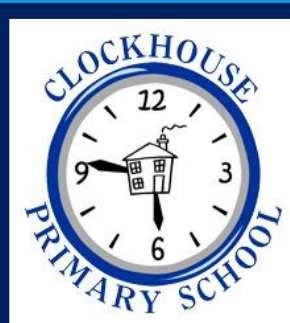
Reception: Scotland

Award for effort in PE: Kai

Kai always tries his hardest no matter what we do. He always puts 100% effort into all our PE units and is making excellent progress. He is showing signs of being a good sportsman and is a good role model for his peers.

Award for achievement in PE: Dembo

Dembo is an excellent sportsman and shows potential in most areas; however, recently he has impressed us with his athletic ability. His jumping and running shows great talent and we enjoy seeing him excel each week.



New Zealand PE Ambassadors

Now, we are going to hear from our New Zealand PE ambassadors. Please welcome: Oakley, Lily, Freddy, Finn, Olivia, Cerys and Frankie.



Achievement and Effort Awards – KS1

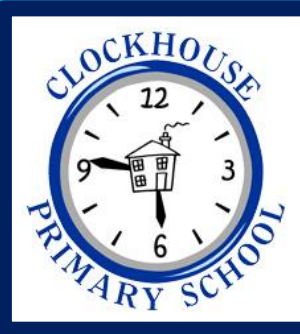
Year 1: France

Award for effort in PE: Yusuf

Yusuf has really surprised me this year with the progress he has made in PE. He listens carefully to the instructions and tips given by the teacher and tries he hardest to implement them in his activities in PE. He always put his best effort in every lesson and this has been shown in the improvement that he has made this year.

Award for achievement in PE: Alex

Alex always tries his best in PE. He is keen to demonstrate newly taught skills and tries to help others when he is working in pairs or groups. He has shown his keenness in all areas of PE and pushes himself to get better every lesson.



Achievement and Effort Awards – KS1

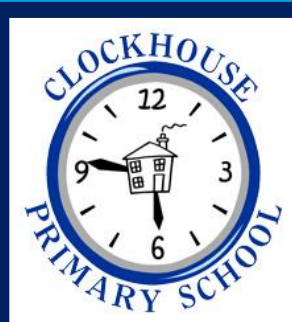
Year 1: Spain

Award for effort in PE: Rosie

Rosie has worked super hard in PE and always gives 100 percent effort during her lessons. On top of this, she enjoys trying new activities and sports and completes all activities with a smile on her face.

Award for achievement in PE: Colby

Colby enjoys PE he has developed his skills across all the sports we have learnt this year. He is a fantastic team player and encourages his peers during team sports. He shows good signs of sportsmanship and is a great role model for his team!



Achievement and Effort Awards – KS1

Year 1: Italy

Award for effort in PE: Riya

Riya is always trying her best in PE, even if she finds a concept tricky. She loves to link her learning to our curriculum driver, aspiration, and learns well through trial and error. Riya has made fantastic progress this year and should be very proud of her achievements.

Award for achievement in PE: Hector

Hector has worked so hard in PE this year. He has gained fantastic subject knowledge and shows particular strength in our recent topic, sending and receiving. Hector has worked well in a team this year and has even led some groups. He has a real enjoyment for the subject, which has been wonderful to see.



Achievement and Effort Awards – KS1

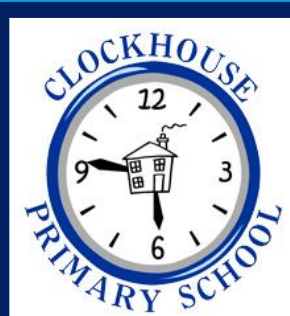
Year 2: USA

Award for effort in PE: Marli

Marli always approaches each PE lesson with excitement and enthusiasm. She enjoys learning new skills and is always willing to give anything a go! Marli is fantastic team player and is very good at motivating her peers. She is also a supportive and encouraging partner. Marli has worked so hard in PE this year and has shown significant improvement in her stamina and control of her movements as a result.

Award for achievement in PE: Riley

Riley is a fantastic all round sportsman who works hard in every PE lesson and follows instructions carefully. He has impressive control and awareness of his movements, and has excellent ball skills too. Riley can always be relied on to set a good example to his classmates during PE, both in terms of behaviour and technique. He has been a wonderful representative of our school at several tournaments this year including football and athletics. He always gives his all and is an outstanding ambassador for our school.



Achievement and Effort Awards – KS1

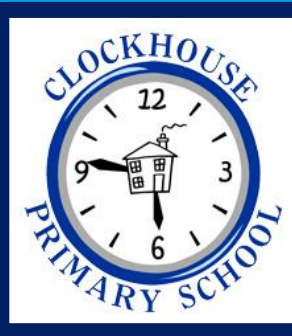
Year 2: Canada

Award for effort in PE: Payton

He was selected to represent the school for athletics this year, something he had not participated in a great deal before, but his effort and attitude to training sessions was inspirational and worthy of recognition alone, before even considering his work in PE lessons. Payton always works to the best of his ability in every lesson and has strived to learn new skills. He embodies so many of the school values whatever the task, that he is a deserved winner of this award.

Award for achievement in PE: Matthew

Matthew is an excellent sportsman. As well as performing incredibly well in such a broad range of sports and skills, he has the exceptionally admirable quality of not using his own achievements to promote himself, but instead using them to support whomever he is working with to achieve success too. He is a role model to his peers and embodies the Clockhouse values of learning, excitement, excellence, community and nurture in all that he does.



Achievement and Effort Awards – KS1

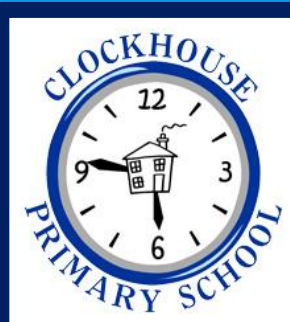
Year 2: Mexico

Award for effort in PE: Abdul

Abdul gives everything a try no matter what we are doing and he will always have a smile on his face whilst trying, even if it is challenging. He attends lots of clubs and always cheers on his peers as well as this, he always remains positive throughout competitive situations.

Award for achievement in PE: Blake

Blake is a brilliant and caring sportsman. He always encourages other members of his team and congratulates their achievements. He enjoys sharing his knowledge and skills to support others in the class. He has a good understanding of rules and knows how to follow them both in PE and on the playground. He works hard each lesson to improve his technique and this was evident in games and gymnastics. He motivates his classmates and I hope he continues to take part in extra curricular activities throughout his time in junior school.



Achievement and Effort Awards – KS2

Year 3: Argentina

Award for effort in PE: Tainara

Tainara is a true team player and is always up for a challenge. She continues to put effort into all of her lessons, no matter the sport, and tries her best. She continues to encourage her peers to succeed and has made great progress refining her skills. Well done Tainara.

Award for achievement in PE: Lucia

Lucia worked really hard to continue to make progress within many areas of PE. She has shown her passion and enjoyment for gymnastics, athletics and dance and has continued to refine her skills in other areas like, tennis, cricket and football. She has worked hard throughout year 3, which is evident in her outstanding athletic ability as well as adapting her skills when creating, remembering and performing a number of dances. Super proud of Lucia this year - well done.



Fiji PE Ambassadors

First, we are going to hear from our Fiji PE ambassadors.

Please welcome: Harry, Jessica J, Jax, Bella, Ronnie, Kristina, Nathan and Teddie.



Achievement and Effort Awards – KS2

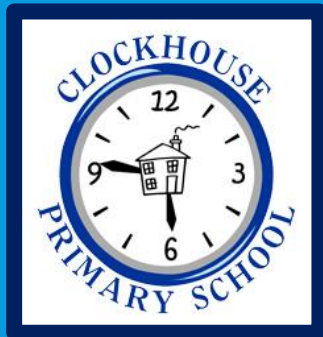
Year 3: Peru

Award for effort in PE: Maxim

Maxim is a very keen sportsman who makes maximum effort in all aspects of PE. He is especially keen on football but gives his all in every sport from Tennis, to cricket to basketball. His enthusiasm is infectious.

Award for achievement in PE: Jessica R

Jessica is a very enthusiastic and accomplished gymnast for her age. She has stood out in gymnastics club in the mornings and her ability has translated to other transferable topics like yoga. She even attends an extra curricular gymnastics club and has participated at gymnastics events, most recently taking first place. Well done Jessica! You represent Clockhouse very well.



Achievement and Effort Awards – KS2

Year 3: Brazil

Award for effort in PE: Olivia

Olivia always puts full effort into our PE lessons, no matter the sport or dance. She has incredible enthusiasm for all lessons, always listens closely to instructions and we can always see her putting in her best effort to follow them and improve her techniques during learning time.

Award for achievement in PE: Jayden

Jayden is a fantastic sportsman - who not only has incredible enthusiasm and talent for all of the sports he tries, but he is also always kind, helpful and willing to support his classmates to improve their own techniques.



Achievement and Effort Awards – KS2

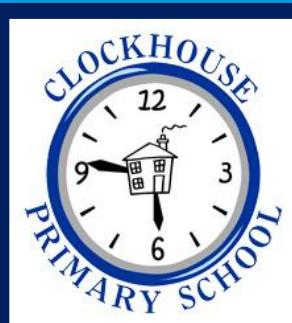
Year 4: South Africa

Award for effort in PE: Mason

PE doesn't come naturally to Mason. Despite this, he always tries his best in all aspects and shows real determination in every lesson. We were particularly impressed with the determination and effort he showed in both gymnastics and athletics.

Award for achievement in PE: Maia

Maia is a good team player and always encourages her team to try their hardest. She is able to follow the rules for new sports, making her a great role model. We were particularly impressed by how she approached the golf lessons as this was something new this year.



Achievement and Effort Awards – KS2

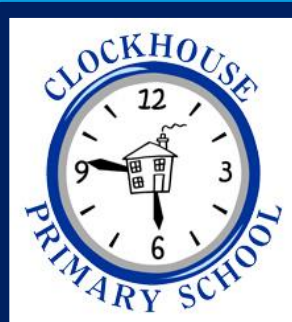
Year 4: Uganda

Award for effort in PE: Jada

Jada always gives 100% in her PE lessons. She listens to adults and tries to improve each lesson. She now applies a range of techniques to different sports.

Award for achievement in PE: Dylan

Dylan worked hard during our dancing unit to choreograph a 16-beat dance routine for him and his group. He was able to move in time to the music and with rhythm. We were very impressed with his enthusiasm and ability to lead his peers.



Achievement and Effort Awards – KS2

Year 4: Kenya

Award for effort in PE: Danilo

Danilo has been praised by his classmates for his continued effort in PE and the positivity he brings to the lessons. He takes part in every lesson and always gives 100%, even if it has been something new to him like handball or golf.

Award for achievement in PE: Isabelle

Isabelle continually strives to develop her skills in PE, showing brilliant sportsmanship and determination when learning new skills. She always encourages her peers and is eager to challenge and improve her skills.



Achievement and Effort Awards – KS2

Year 5: Japan

Award for effort in PE: Raees

He gives his all in all PE lessons and demonstrated excellent resilience in our swimming lessons this year. He shows incredible enthusiasm at all times and will always tackle a challenge to the best of his ability. He really does give his all in every PE lesson!

Award for achievement in PE: Amelia

Amelia is an excellent sportsman and her dedication to the athletics team has been remarkable this year. She train hard and puts in the effort to ensure she gets the best outcome. Amelia has represented the school in various athletic competitions this year and is an excellent representative for the school.



Achievement and Effort Awards – KS2

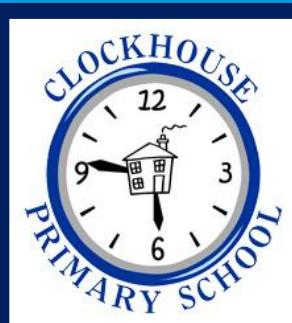
Year 5: China

Award for effort in PE: Natalie

No matter what we are working on in PE, from gymnastics, to swimming, to tennis, you can be assured that Nat will bring enthusiasm and determination to the task. Nat always listens to instructions and combined with her impressive levels of effort and focus, this has meant that she has made great progress in PE. Well done Nat!

Award for achievement in PE: Safa

Safa is an impressive sportsman. He always gives 100% and combines this with technical skills and knowledge to achieve success. He can be relied upon to remain focused and is driven to improve his performance, even when already performing at a high level. He works effectively both as an individual and as a member of a team, and always sets a good example to others.



Achievement and Effort Awards – KS2

Year 5: India

Award for effort in PE: Matthew

Matthew will always give everything a go. If he finds a skills hard he will keep practising until he has mastered it. He always listen well to instructions and works well with others giving them encouragement to compete a task.

Award for achievement in PE: Jake

He shows good skill in all our indoor and outdoor PE sessions. He helps me to model skills and will help others develop these if needed. He represents our school and we are so proud of him.



Achievement and Effort Awards – KS2

Year 6: Australia

Award for effort in PE: Vlad

Vlad always gives it his best, he tries to link his learning from lesson to lesson to really develop his own skills and has enjoyed all the sport on offer to him this year.

Award for achievement in PE: Hudaifa

Hudaifa has really pushed himself with the new sports this year-particularly golf and found he had a natural talent for it! He was used as a model to demonstrate key skills and it really boosted his confidence.



Achievement and Effort Awards – KS2

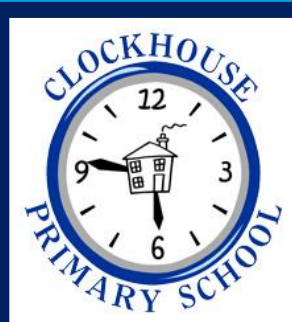
Year 6: New Zealand

Award for effort in PE: Archie D

Archie always tries to put as much effort into his PE lessons as he can. Nowhere was this more evident than in his golf and gymnastic lessons where he really tried to stretch his ability to achieve the best he could. He shows incredibly enthusiasm at all times and is always excited to participate in his PE lessons.

Award for achievement in PE: Freddy

Freddy is a brilliant sportsman and always uses his knowledge and skills to support others in the class. He has a good understanding of rules and knows how to follow them both in PE and on the playground. He works hard each lesson to improve his technique and this was evident in all of his PE lessons but none more so than the perseverance he demonstrated during his tennis lessons.



Achievement and Effort Awards – KS2

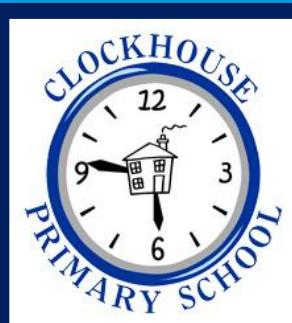
Year 6: Fiji

Award for effort in PE: Millie

Millie shines in PE. She always puts 100% effort into all of her lessons no matter the sport being played. Be it dance, golf, rounders or athletics she is always keen and willing to give it a go! I am so proud of how confident she is becoming and I hope she strives to join more clubs in secondary school!

Award for achievement in PE: Billy

You will always find Billy smiling away in our PE lessons. He listens well to teaching inputs and can apply taught skills to games and will often offer tips to help his peers improve. He is always positive when playing and is a great sportsman for his class to look up to!



Achievement and Effort Awards – Greenland

Greenland

Award for effort in PE: Matas

Matas always shows great engagement during PE lessons. He gives everything a go and learns by watching others. He has started participating in Year 2 PE lessons and followed the routines brilliantly.

Award for achievement in PE: Jah-Kai

Jah-Kai is a keen sportsman with a particular flair for both football and basketball. He uses every spare moment to practise and refine his skills. He also offers his support and coaching to both children and adults. On top of this, he has worked super hard during football club this year and Mr Koten is very proud of his commitment and progress.





1. Jessica P
2. Keziah
3. Cerys
4. Jessica J
5. Oakley
6. Kristina
7. Finn
8. Frankie
9. Olivia
10. Lily
11. Aayan
12. Henri
13. Jax
14. Marco
15. Ellas
16. Harry
17. Teddie
18. Nathan
19. Ronnie
20. Bella
21. Freddy

Thank you for
all you have
done to
support PE
this year!



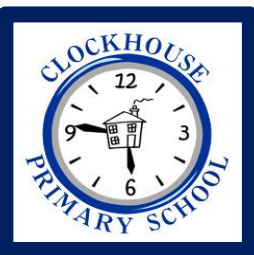
A MASSIVE THANK YOU TO THIS YEARS PE AMBASSADORS!

Time to welcome the 2023/2024 PE Ambassadors:

- Leani
- Raees
- Amaya
- Haris
- Ethan
- Amelia
- Frankie W
- Lola
- Bogdan
- Jake
- Finley
- Tyler
- Annabelle
- Connie
- Aviela
- Kevin
- Poppy
- Lana
- Harrison
- Safa
- Oscar
- Olly



The Mr Thomas Shield Award



Nick, Melanie and Gabriela

Nick, we wanted to take a moment to express my heartfelt appreciation for your incredible dedication in running the Year 3 and 4 football club this year. Your consistent commitment to the club and the children has not gone unnoticed.

The children genuinely look forward to their time spent at the club each week. Your enthusiasm and passion for the sport have not only encouraged their love for the game but also helped them develop vital skills and teamwork.

Even though we didn't have any competitions planned this year, I firmly believe that the coaching you provided has prepared the children for the year ahead.

Once again, thank you for all your hard work and for giving up your time to make the Year 3 and 4 football club such a success.

Two of our school governors, Melanie and Gabriela, generously give up their free time every week to deliver a running club for our students. What initially started as training for the London Mini Marathon has turned into a highly popular and successful club that continues to thrive throughout the year.

Due to their commitment, more and more children are eager to join and become active participants in the club. The ladies work tirelessly with the children, encouraging and motivating them to achieve their personal best. As a result, the running club has become a fantastic opportunity for our students to not only improve their physical fitness but also build resilience and self-confidence.

Their commitment to our students' well-being is truly inspiring, and we are incredibly fortunate to have them as part of our school community.

YOUNG TEAM OF THE YEAR

Year 2 Football October Team:

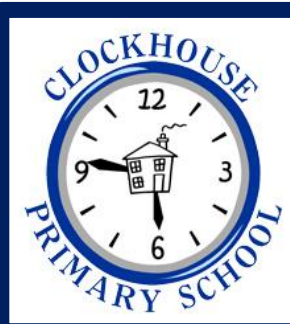
Zion
Blake
Joey
Liam
Freya
Ronnie
Olivia



This team ended up winning their tournament and remained undefeated throughout!

They worked well as a team and celebrated each others victories.

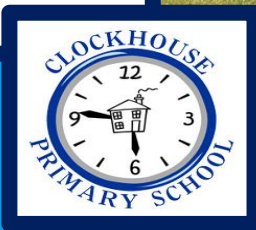
2 of the boys (Blake and Liam) were also scouted for Chelsea FC!



TEAM OF THE YEAR

Year 3 and 4 Cricket Team:

- Danilo
- Josh
- Zaroon
- Toby
- Hashim
- Grace
- Jack
- Maia

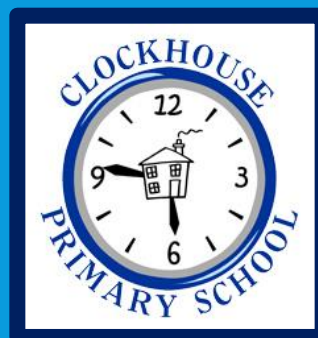


Our Year 3 and 4 Cricket Team really shone during the Havering Cricket Tournament.

The remaining team played with one man down and ended up finishing high up in the leader board and showed excellent teamwork throughout the competition. Zaroon unfortunately could not make it on the day but showed outstanding commitment and resilience throughout training.

YOUNG SPORTS BOY AND GIRL OF THE YEAR

Liam and Freya



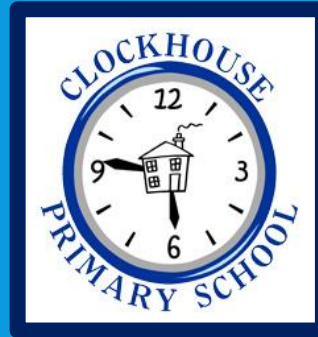
Liam is always a team player and supports his peers by encouraging them and sharing his skills to support them. He always puts 100% effort into every lesson and has made amazing progress. He shows incredible enthusiasm at all times and is an excellent role model for his peers.

Freya always takes everything in her stride. She is willing to fully emerge herself into any competitive situation and will always take part with the largest smile on her face. She has a way of encouraging her team mates and brings joy to any sporting event.

Compassion Award



Connie and Aviela

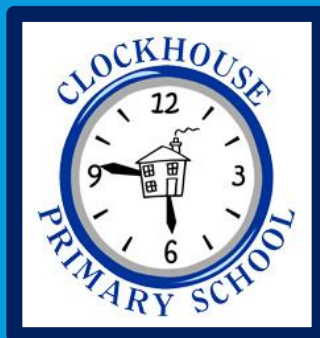


During the mini-marathon, I noticed a child very upset and crying. Before I could even think, Connie and Aviela appeared, consoling the child and stayed with her until she found an adult she knew. An incredible show of compassion during a once in a lifetime opportunity.

Outstanding Achievement Award



Harry and Olivia



Harry is an incredible athlete and shines across the whole of athletics. The biggest achievement of the year occurred during the London mini-marathon, where Harry finished 3rd in our wave (500 runners) and 22nd overall (over 6000 runners). The high level of performances continued during outdoor athletics. A true pleasure to teach Athletics to and a bright future ahead of him.

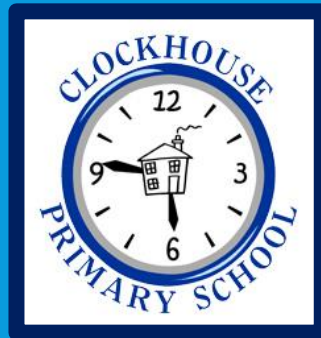
Early on in the year, Olivia attended a sports aptitude test at Emerson Park School. Here she had to do a variety of activities such as a bleep test, balance test and play a game of handball. They were so impressed with her skills, she was offered an early placement into their year 7 cohort!

Coaches Award

Blu and Oakley



Blu always shines throughout many sports. During competitions we can always rely on her to get the job done and although she can be hard on herself at times, she always strives to succeed. We hope she continues to compete next year at secondary school as she would be a great addition to any team.



Oakley is the definition of a good sportsman. He is always there cheering on his friends, he attends many clubs and puts a lot of effort and determination into his performance. He is never any trouble and always wants to make the most out of any opportunity that is given to him! We hope he continues to strive during his secondary school journey.

Most Dedicated Player

Teddie



Teddie is an excellent sportsman and always works hard to achieve and support his peers.

He makes sure he attends any practise offered by the school and trains hard.

He will always be the first to volunteer to support in sports day, demonstrate in PE and help the younger years, during lunchtime, play games.

He is a dedicated sportsman and I look forward to hearing all about his future successes throughout his secondary school journey.

Team Player of the Year

Ronnie



Ronnie loves sport and no matter what he is playing he always demonstrates the ability of being a good team player.

He remains calm and positive throughout competitions no matter the barriers that may come his way.

He has a good moral compass and knows how to follow the rules and support his team throughout both PE and school competitions. Throughout the London Mini Marathon, he ran alongside his classmates and cheered and motivated them along the way.

He is a great asset to any team and I hope he continues to strive next year.

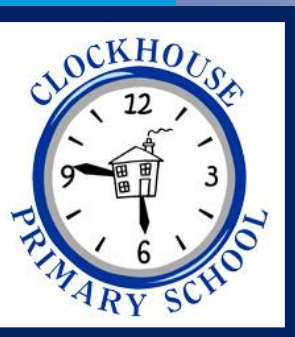
Most Valuable Player (M.V.P)

Tristan

Tristan is an amazing sportsman. He shows great talent and has a very good understanding of how competitions run and the rules of many games.

During tag rugby, he was able to clearly remind teammates on how the game works. He could see that some were more nervous than him and supported them every step of the way. His presence was greatly valued by all of his team and coaches.

During Quad Kids, he came 14th out of 135 boys in running, which helped our year 6 team score 7th out of 38 schools in the borough – a great achievement for our school!



Sports Boy of the Year

Finn



Finn has represented the school in many competitions this year. He is selected due to his great talent but most importantly his fantastic sportsmanship and his ability to include all members of his class either in his team or event. Some of these children he helps to feel included do not normally find PE enjoyable but he has a way of making them feel at ease and a valuable member of the team.

He has often been observed coaching other pupils during PE lessons; offering tips and pointers on how to improve their performance. He is a born leader and you often hear him encouraging his team throughout competitions and always shows respect to the officials. We hope to hear of Finn's future sporting career as he moves onto secondary school!

Sports Girl of the Year

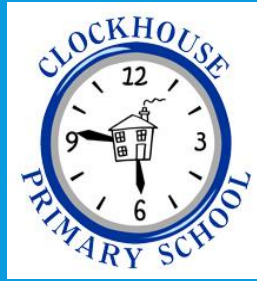
Kristina



Kristina is a brilliant PE ambassador. She has represented the school in several competitions from gymnastics, to football and finally athletics.

She has really grown in confidence and as the year has progressed we have seen more leadership skills shine through. She is a fantastic example for her peers and we can always rely on her to show up, perform at her best and do it all with a huge smile on her face. She is always grateful for any opportunity she is given.

When given the opportunity to dance in a group for the school fete, she showed remarkable ability, in being a team player. She understands that success in dance, or in any sport, is not solely based on individual performance but on the collective effort of the entire team. She supports her peers, offering encouragement and assistance whenever they need it. She gave up her own time to come and help the younger dancers and they all really looked up to her as a good role model.



THANK YOU!

